



BURRA COMMUNITY SCHOOL NEWSLETTER

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'Quality Teaching - Quality Schooling'

TERM 1 NO. 2

DATE: 22 February 2018

DIARY DATES

February

23 R-6 Assembly in Drama Room
9.00am

Red Day in Canteen

27 SSSSA Swimming in Adelaide

March

1 Storytime in Library 9.30am

8 Burra Community School 3km
race

10/11 Goyder House Exeat weekend

12 **ADELAIDE CUP HOLIDAY**

14 Burra Community School
1500m race

SAPSASA Summer Hub

Carnival at Clare

15 Storytime in Library 9.30am

16 Sports Day

22 Lower North Athletics at
Kapunda 9.00am-2.30pm

23 School Photographs

Knitting in Library 10.00am

26 Governing Council 7.30pm

TERM DATES 2018

Term 1 29/1/18 - 13/4/18

Term 2 30/4/18 - 6/7/18

Term 3 23/7/18 - 28/9/18

Term 4 15/10/18 - 14/12/18

Respect
Honesty
Responsibility

FROM THE PRINCIPAL

An eventful and engaging week!

I enjoyed dinner at the Boarding House this week, and held an impromptu meeting with the new students and Michele, and we shared with each other how the term had started for them. What a great little 'school family' they are. They all share a love of laughter, (*mainly at poor Jordan and his many 'stacks' on his bike!* ☺), a keenness to learn and they ALL love tomato sauce! (I've never seen so much consumed by a group of students at one sitting!) I look forward to many other visits and catch ups with this 'crew'! ☺

Thank you to all who participated in our Canberra Information / Meet 'n' Greet Year 7 Transition evening last Friday night. We enjoyed a relaxed tour around the school led by the students, who showed their families where all of their many classes are held, introduced them to teachers, and then had a chat over a yummy spread prepared earlier by other Home Economics students.

Last week, was Random Acts of Kindness and Molly Bruhn's Year 5/6 students embraced it wholeheartedly, offering compliments, cakes, and other kind gestures throughout the whole week. It was a lovely thing to see and be a part of; and you know what they say "Smiles are contagious – spread joy where you can!"

Attendance
Weeks 2 & 3
92.7%



Government of South Australia
Department for Education and
Child Development

140 Years of Education in Burra

I know I've written about 'teaching empathy' many times before, but it is so easy to get caught up in being concerned with 'achievement' or 'their own happiness'.

Home and School need to be teaching 'how to be kind'. So, do you think you are doing that at home?

Apparently, according to some research from USA and UK, a new study released that approximately 80% of the youth in the study said that their parents were more concerned with their achievement or happiness than whether they cared for others. The interviewees were also three times more likely to agree that "My parents are prouder if I get good grades in my classes than if I'm a caring community member in class and school."

The researchers came up with some recommendations to assist in raising 'caring children', which I particularly liked, because they phrased it with suggestions of "try this .."

What do you think .. ?

1. Make caring for others a priority

Why? As parents we tend to prioritize our children's happiness and achievements over their children's concern for others. But children need to learn to balance their needs with the needs of others, whether it's passing the ball to a teammate or deciding to stand up for friend who is being bullied.

How? Children need to hear from parents that caring for others is a top priority. A big part of that is holding children to high ethical expectations, such as honoring their commitments, even if it makes them unhappy. For example, before kids quit a sports team, band, or a friendship, we should ask them to consider their obligations to the group or the friend and encourage them to work out problems before quitting.

Try this

- Instead of saying to your kids: "The most important thing is that you're happy," say "The most important thing is that you're kind."
- Make sure that your older children always address others respectfully, even when they're tired, distracted, or angry.
- Emphasize caring when you interact with other key adults in your children's lives. For example, ask teachers whether your children are good community members at school.

2. Provide opportunities for children to practice caring and gratitude

Why? It's never too late to become a good person, but it won't happen on its own. Children need to practice caring for others and expressing gratitude for those who care for them and contribute to others' lives. Studies

show that people who are in the habit of expressing gratitude are more likely to be helpful, generous, compassionate, and forgiving - and they're also more likely to be happy and healthy.

How? Learning to be caring is like learning to play a sport or an instrument. Daily repetition - whether it's helping a friend with homework, pitching in around the house, or having a classroom job - make caring second nature and develop and hone youth's caregiving capacities. Learning gratitude similarly involves regularly practicing it.

Try this

- Don't reward your child for every act of helpfulness, such as clearing the dinner table. We should expect our kids to help around the house, with siblings, and with neighbors, and only reward uncommon acts of kindness.
- Talk to your child about caring and uncaring acts they see on television and about acts of justice and injustice they might witness or hear about in the news.
- Make gratitude a daily ritual at dinnertime, bedtime, or in the car. Express thanks for those who contribute to us and others in large and small ways.

3. Expand your child's circle of concern

Why? Almost all children care about a small circle of their families and friends. Our challenge is help our children learn to care about someone outside that circle, such as the new kid in class, someone who doesn't speak their language, the school custodian, or someone who lives in a distant country.

How? Children need to learn to zoom in, by listening closely and attending to those in their immediate circle, and to zoom out, by taking in the big picture and considering the many perspectives of the people they interact with daily, including those who are vulnerable. They also need to consider how their decisions, such as quitting a sports team or a band, can ripple out and harm various members of their communities. Especially in our more global world, children need to develop concern for people who live in very different cultures and communities than their own.

Try this

- Make sure your children are friendly and grateful with all the people in their daily lives, such as a bus driver, at the shop counter, etc.
- Encourage children to care for those who are vulnerable. Give children some simple ideas for stepping into the "caring and courage zone," like comforting a classmate who was teased.
- Use a newspaper or TV story to encourage your child to think about hardships faced by children in another country.

4. Be a strong moral role model and mentor

Why? Children learn ethical values by watching the actions of adults they respect. They also learn values by thinking through ethical dilemmas with adults, e.g. "Should I invite a new neighbour to my birthday party when my best friend doesn't like her?"

How? Being a moral role model and mentor means that we need to practice honesty, fairness, and caring ourselves. But it doesn't mean being perfect all the time. For our children to respect and trust us, we need to acknowledge our mistakes and flaws. We also need to respect children's thinking and listen to their perspectives, demonstrating to them how we want them to engage others.

Try this:

- Model caring for others by doing community service at least once a month. Even better, do this service with your child.
- Give your child an ethical dilemma at dinner or ask your child about dilemmas they've faced.

5. Guide children in managing destructive feelings

Why? Often the ability to care for others is overwhelmed by anger, shame, envy, or other negative feelings.

How? We need to teach children that all feelings are okay, but some ways of dealing with them are not helpful. Children need our help learning to cope with these feelings in productive ways.

Try this:

Here's a simple way to teach your kids to calm down: ask your child to stop, take a deep breath through the nose and exhale through the mouth, and count to five. Practice when your child is calm. Then, when you see them getting upset, remind them about the steps and do them with them. After a while they'll start to do it on their own so that they can express their feelings in a helpful and appropriate way.

Take CARE of yourself, and have a great fortnight.

*Yours in learning,
Susan*



PRIMARY [R-6] ASSEMBLY

Friday 23rd February

9.00am

Drama Room

A QUICK MESSAGE FROM THE BURRA COMMUNITY SCHOOL COMMUNITY WELLBEING COORDINATOR:

Hello everyone and welcome to Week 4.

For many students the start to a new school year can be daunting. New teachers, higher expectations and an increased work load are just a few of the many worries which can consume student thoughts. This can also create worry for parents and caregivers, who want their children to look forward to school in a positive frame of mind each day.

This year I am fortunate to be Burra Community School's Community Wellbeing Coordinator. Over the past three weeks Carlene Heinrich and I have commenced chatting individually with the Year 7 and Year 8 students. For Year 7 students, the transition from the primary school setting to the high school setting can be an enormous change. Within these meetings students have been able to talk with us about their concerns, as well as areas which they feel they may need assistance in going forward. Students have also had the opportunity to discuss the areas of schooling which they are enjoying, which has been fantastic feedback for teachers and staff.

Over the next six weeks Carlene and I aim to continue these meetings with all students from Reception to Year 12 which we hope will help alleviate any concerns students may have regarding schooling and issues outside of the classroom. We are also using these meetings to obtain ideas on student wants and needs which we hope to facilitate as the year progresses.

Along with these meetings, Burra Community School Staff facilitated a very successful Transition/Information evening last Friday. Parents and caregivers were able to be given information on this year's Canberra Trip, meet with teachers and have a tour of the school by their child. This provided an excellent opportunity for parents and staff to chat in an informal setting and discuss any concerns or specific needs for their children.

If you have any questions or concerns throughout the year please do not hesitate to contact me by either phoning the school or emailing me at

matt.norman847@schools.sa.edu.au



**Matt Norman
BCS Wellbeing
Coordinator**

SRC MEMBERS

Congratulations to the following students who have been elected as SRC members for 2018.

Junior SRC

Reception:

Mia Thompson Corbin Schuppan

Year 1:

Jordan Schuppan Alana Michalak

Year 2:

Jack O'Bryan Sophie Taylor

3/4A:

Lucas Thamm Millie Bavistock

3/4B:

Nick Jones Zoe Clonan

5/6A:

William Quinn Claire Hall

5/6B:

Lachlan Harvey Abbie Mirtschin

Senior SRC

President:

Darcy Cousins

Vice Presidents:

Declan Verrall
Amber Williams

Secretary:

Caitlin Stockman

Treasurer:

Erin Cousins

Events Coordinator:

Tasha Parsons

Fundraising Coordinators: Jacqui Quinn
Kate Edwards

Sports Coordinator: Emily Lines

Committee Members:

Jordan Van Gasteren
Jessica Cousins
Bethani Cunningham



congratulations!

To Tasha Parsons and Emily Hams for being sponsored by the Poll Dorset Society to compete in the SA Sheep Expo at the Adelaide Showgrounds in April.

The girls will then go on to compete in the National Merino Challenge after some intense training as part of the Stage 1 Agriculture program.

SWIMMING CARNIVAL

The 2018 Burra Community School Swimming Carnival was held on Thursday 8th February on a warm and balmy evening. The turnout of students, parents and staff was excellent. The students that were present were a fantastic snapshot of what Burra Community School can all be, and are. They participated to their highest level, they supported their fellow swimmers, and students that were there simply to support friends and their House volunteered their time to help House Captains and staff. The House Captains and Vice Captains did a superb job of organising and leading their teams. They ensured there was student morale all night, students were organised for their events and maintained a great level of support all night.

Thank you to the parents who rotated through the timing roles and working on the Governing Council BBQ. These jobs do sometimes take you away from watching your child compete, but they make the carnival run smoothly. Special mentions to Jodie Stockman who spent a morning before the carnival doing data entry and the entire carnival doing the same, to Gus Wenzel for starting the races, Mark Millward for his continued excellence on the microphone and Mark Inglis with the job of marshalling students for the races and making any last minute changes.

Primary students who were successful in their age groups have a chance to swim at the SAPSASA Interschool swimming in Clare on Monday of week 5, whilst secondary students swam at the Interschool swimming at Balaklava on Monday.

These carnivals are successful because of the effort and positive attitude students, parents and staff put into them. Thank you to everyone that made this happen for swimming. I hope to see everyone at the Athletics Carnival on Friday of Week 7 for another successful event.

Matt Stewart
Sport & HPE Coordinator



SWIMMING CARNIVAL 2018 CHAMPIONS

U/11 Girl		
<i>Champion</i>	Opal Prince	16 points
<i>Runner Up</i>	Bree Tiver	13 points
U/11 Boy		
<i>Champion</i>	Cash Cooper	38 points
<i>Runner Up</i>	William Quinn	15 points
U/13 Girl		
<i>Champion</i>	Olivia Clarke	40 points
<i>Runner Up</i>	Lauren Donhardt	15 points
U/13 Boy		
<i>Champion</i>	Harry Piggott	48 points
<i>Runner Up</i>	Jarad Clonan	17 points
U/15 Girl		
<i>Champion</i>	Issy Bray	25 points
<i>Runner Up</i>	Ruby Waters	20 points
U/15 Boy		
<i>Champion</i>	Ashton Pearce	24 points
<i>Runner Up</i>	Jordan Schloithe	11 points
Open Girl		
<i>Champion</i>	Tasha Parsons	30 points
<i>Runner Up</i>	Kate Edwards	19 points
Open Boy		
<i>Champion</i>	Chase Webster	28 points
<i>Runner Up</i>	Nick Hadow	20 points

INTERSCHOOL SWIMMING

On Monday 19th February 10 students from Burra Community School ventured to Apex Park in Balaklava to compete in the Lower North Swimming Carnival against schools from around the district. Well done to Tasha Parsons, Erin Cousins, Kate Edwards, Jacqui Quinn, Ruby Waters, Cher Waters, Issy Bray, Cody Jones, Jordan Crouch and Ashton Pearce on their swimming and support of each other last night. They did a great job representing themselves and Burra Community School with pride. A number of these students will be travelling to Adelaide next Tuesday to swim in the Championships at the State Swim Centre at Marion.



Matt Stewart
Sport & HPE Coordinator



STAFF PROFILES

Derek Friedrichs

My name is Derek Friedrichs and I am in my third year of teaching. I was previously at Gladstone High School teaching Food & Hospitality, HPE and PLP. I look forward to meeting people in this beautiful community and sharing my passion of food.

I am married to Carly and have 3 children - Willow (5), Sage (20) and Leo (8 months).

At Burra Community School I teach Stage 1 & 2 Food & Hospitality, Year 7/8 Home Economics, Year 5/6 Home Economics and Year 2 HPE.



Kristel Smiley

My name is Kristel Smiley and this will be my first term as a classroom teacher. I teach HASS, HPE and Drama.

I am from Craigmore and have always enjoyed learning about Burra's rich history.

I look forward to getting to know the families in the community to make this a successful term!

BOAT LICENCE COURSE

Wednesday 28th March at 6.30pm sharp

Cost: Boat Operators Licence \$40.00
Children age 12 - 15 years \$20.00

Please phone 88922 007 to book a seat to attend and payment is to be made before Wednesday 28th March.



CANTEEN ROSTER

February

26
27 Mel Cooper
28
1
2 Rebecca Clark-Dollman

March

5 Leonie Taylor
6
7 Emma Noble
8
9 Andrea Higgs
12 **ADELAIDE CUP HOLIDAY**
13
14
15 Julia Clarke
Jayde Thamm
Peggy Eastwood
Trish Parsons
16 **SPORTS DAY**
19 Samantha Smart
20
21 Tess Tiver
22
23 Andrea Higgs
26
27
28
29 Elisabeth Gill
30 **GOOD FRIDAY**

April

2 **EASTER MONDAY**
3
4 Laura Wedding
5
6 Andrea Higgs
9
10
11 Emma Noble
12
13 Samantha Smart

Lunch orders can be placed by visiting www.flexischools.com.au

1. REGISTER to start an account
2. ADD your student, class and school details
3. TOP UP your account balance
4. ORDER, check and pay.

Please contact the Canteen if you would like help setting up your account.

CANTEEN RED DAY Friday 23rd February

There are many ways in which families can help the school canteen remain viable and open 5 days a week!

Donations of goods such as

- Fruit and Vegetables
- Pantry Staples
- Perishables
- Special Events
- (bags of ice, slabs of water, soft drink, Red Day/Theme decorations)
- Packaging
- (alfoil, gladwrap, baking paper, serviettes etc.)
- Other items
- (Zoooper Doopers/Quelch sticks, surplus good quality kitchen equipment etc.)

CANTEEN INFORMATION

- Specials - please check Flexischools for information regarding options and availability
- Some menu options may not be available every day
- Orders can be placed online via computer / iPad / phone at any time prior to our daily cut-off time of 10.45am