

Student witnesses to bullying

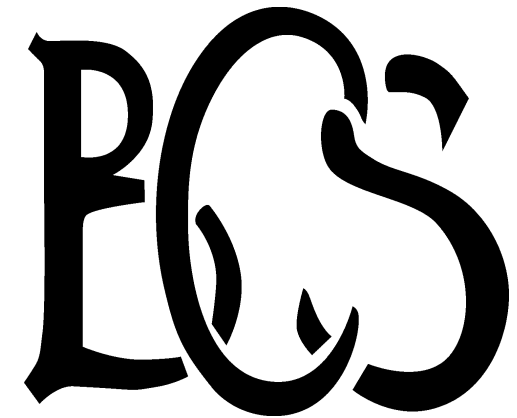
can:

- Be a supportive friend.
- Intervene verbally from a safe distance.
- Report bullying incidents to a staff member.



What parents can do

- Get the story. Find out exactly what happened, who was involved, when, where and whether there was any provocation.
- Support your child Talk through the situation and agree upon what action will be taken. If your child is the bully, separate the behaviour from the person. Let them know that you will support them to work through the situation. If your child is the victim, ask how you may best help them and assure them that they have done the right thing in reporting the bullying incident.
- Listen to your child's opinions and feelings.
- Do not attempt to sort out the bullies yourself. This may worsen the situation.
- Keep a written record of incidents your child reports to you.
- Make an appointment with a staff member to discuss the incident.
- At the meeting calmly present your concerns. Look for ways that all parties can work together on the problem.



Burra

Community School

Anti Bullying and Harassment Guidelines

Rationale—why have an anti—bullying policy?

School should be a safe and happy place for all to attend so that the teaching and learning opportunities can be maximised.

What is bullying?

Bullying and harassment occur when people use power to trouble, annoy or oppress another person. In the process people are made to feel hurt, embarrassed or made to feel worthless or afraid because of what another person says or does.

**Bullying is
NEVER ok!**

Common and unacceptable excuses used by bullies

‘It was an accident.’

‘We were only mucking around.’

‘It was all in fun.’

‘Can’t he/she take a joke?’

‘They’re just words.’

‘We didn’t lay a hand on him.’

‘It’s all in his/her imagination.’

Common thoughts of a person being bullied

‘I’ll make it worse for myself if I report it.’

To continue to let the bullying happen will make it worse. You will be giving the bully a message that it is okay to continue to hurt yourself and others.

‘I don’t want to cause trouble.’

Bullying can usually be sorted out quickly when it is reported. You are only standing up for yourself and your right to feel safe.

‘Everyone gets bullied at some time.’

Everyone has the right to feel safe at all times and in all places.

Teachers will

- Promote care, respect, co-operation and valuing differences.
- Develop and implement policies, programmes and processes to promote a safe and supportive environment.
- Discuss incidents with students.
- Listen to and follow up on reports of bullying and harassment.
- Explicitly teach interventions.
- Explicitly teach the use of assertive tone and language.

Students who are bullied can:

- Ignore.
- Walk away.
- Ask for the behaviour to stop.
- Take a friend with them to ask for the behaviour to stop.
- Talk openly about the problem with a staff member and/or family.
- Keep a safe distance.
- Speak using assertive tone and language.